W.U.S. HEALTH CENTRE, UNIVERSITY OF DELHI <u>Emergency Services Protocol</u> Emergency No. 011-27666257

It has been observed that in case of Medical Emergency precious time is lost in seeking medical opinion and requisitioning of Ambulance to evacuate a patient to a nearby hospital.

It is, therefore, requested that the patient(s) suffering from following clinical condition(s) be	
evacuated to the nearest Hospital without wasting critical time :	

Disease/Clinical Condition (s)	Symptoms and Signs
Myocardial Infarction (Heart Attack)	 The symptoms in men are intense chest pain, pain in the left arm or jaw and difficulty in breathing. Women may have some of the same symptoms, but the pain may be more diffuse and inconsistent spreading to the shoulders, neck, arms, abdomen and back or indigestion or unexplained anxiety, nausea, dizziness, palpitations and cold sweat and may be preceded by unexplained fatigue. Women, as compared to men, tend to have more severe first Heart attacks which frequently lead to death.
Stroke	 Sudden Confusion/altered behavior Weakness or Paralysis of limbs or facial muscles. Slurring of speech/difficulty in speech.
Poisoning/Drug Overdose	 History of ingestion of some suspected poison/chemical. Suspected drug over dose. Vomiting/stomach pain.
Head Injury	 History of Road Traffic Accident (RTA) with loss of consciousness/vomiting. Bleeding from ear, nose or mouth.
Bone Fracture	• Any injury resulting in severe pain, deformity or restricted movements.
Seizures/Convulsion Disorder	• Abnormal body movements, disorientation, loss of consciousness etc.

W.U.S. Health Centre (North Campus) provides only OPD services. No indoor facility is available.

W.U.S. Health Centre is equipped with following facilities :

- Physiotherapy from Monday through Friday between 9:00 am 5:00 pm Saturday between 9:00 am – 4:00 pm
- X-Ray facility from Monday through Friday between 9:00 am 4:00 pm
- Blood/urine Tests from Monday through Friday between 9:00 am 5:00 pm
- Medical Store from Monday through Friday between 9:00 am 5:00 pm Saturday between 9:00 am – 4:00 pm
- Pharmacy from Monday through Saturday between 8:00 am 8:00 pm Saturday between 9:00 am – 4:00 pm
- Basic Life Support Ambulance for evacuation of patient to nearby Hospital.

Health Centre is equipped to provide following minor emergency services :

- Suturing and dressing of superficial wounds
- Nebulization and O₂ inhalation.
- Management of mild diarrhoea/vomiting through I.V. Fluids.
- Inj. Tetanus Toxoid (TT) and mild pain management through injectables.

Any patient who needs immediate and intensive medical care should be evacuated to nearby Hospital during the Golden Hour.